

Peaches n' Cream Delight

Ingredients:

- 3 Costco size jar peaches (24oz each)
- 1 package Mori-nu tofu , extra-firm
- 1 can coconut milk 14oz
- 6 TS golden raisins (add more to taste)
- 1 tsp vanilla
- 1/8 tsp salt
- 15 canned or fresh cherries to decorate



Instructions:

1. Drain all the syrup from the peach jars and spread them out in a glass container (15x10) .
2. In a blender add the tofu, coconut milk, raisins, vanilla, and salt and blend until smooth.
3. Pour the cream over the peaches spreading out evenly to cover most of them.
4. Garnish it with cherries.
5. Refrigerate for at least two hours. Serve chilled.

* keep leftovers in the refrigerator up to five days.

Nutrition Facts

24 servings per container
Serving size 1/2 cup (122g)

Amount per serving
Calories 90

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	2%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 0mg	0%
Potassium 109mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



*VEGAN



*GLUTEN-FREE

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