

# FRUIT PIZZA

## Ingredients:

Amount	Item
6	multigrain thins, tops only
3 oz.	non-day plain yogurt or Greek plain yogurt
4	kiwis, peeled and sliced
1 cup	strawberries, sliced
1/2 cup	blueberries



Servings: 6

## Directions:

1. Top each multigrain thin with 1 tablespoon of Greek plain yogurt.
2. Use strawberries, kiwi and blueberries to create a fun design.
3. Serve and enjoy!

## Nutrition Facts

6 servings per container  
Serving size 1 Multigrain Thin

Amount per serving  
**Calories 170**

% Daily Value\*

Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 29g	11%
Dietary Fiber 2g	7%
Total Sugars 10g	
Includes 3g Added Sugars	6%

### Protein 8g

Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 1mg	6%
Potassium 292mg	6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.